

K5 SCHOOL AT HOME DAILY SCHEDULE

Before 9:00 am	Wake up	Eat breakfast, make your bed, get dressed
9:00-9:30 am	Bible Lesson	Watch Abeka video, participate in lesson
9:30-10:00 am	Seatwork and Reading	Follow teacher direction sheet, work on seatwork, read assigned pages out loud
10:00-10:30 am	Snack Break	Eat a snack, stretch, free play with toys
10:30-11:00 am	Numbers Lesson	Watch Abeka video, participate in lesson
11:00- 11:30 am	Phonics Lesson	Watch Abeka video, participate in lesson
11:30-12:00 pm	Finish Seatwork; Parent Seatwork Check	Finish your seatwork papers, have parent check your work, color or draw
12:00-1:00 pm	LUNCH	Eat lunch, free play, read, draw, color
1:00-1:30 pm	Chore time	<ol style="list-style-type: none"> 1. Wipe kitchen table and chairs 2. Wipe door handles, light switches, and desk tops 3. Pick up trash, clean up toys
1:30-3:00 pm	Quiet time	Reading, puzzles, nap
3:00-4:00 pm	Extra Academic Time	iPad games, Kindle, educational shows
4:00-5:00 pm	Afternoon Fresh Air	Ride bikes, take a walk, play outside
5:00-6:00 pm	Dinner	

This is just a sample schedule of what you and your child can follow during the “school day.” Not everyone’s schedule is the same, but it is important to set a schedule for your child to follow. Children thrive on consistency and routine.